



4 GET GLOWING

Nothing creates cosiness quite like lovely pools of ambient light, placed just so in your living area and sleeping space, to turn your winter evenings gold. Switching off harsh overhead lighting and utilising warm lamplight can instantly transform your room. "Lamps don't have to be big, overly decorative or ostentatious," says Tabbi Long, lighting designer at Beacon Lighting. "You could add in small pops of lighting, such as a Himalayan salt lamp, to a side table, small lamps snuggled into a bookcase or atop a buffet and floor lamps tucked into a corner."

5 LOOK TO LAYERS

Build up layers with natural materials (below) to add texture and a coastal feel to remind you of sunny days. "Organic materials such as timber, rattan, jute and linen bring a sense of cosiness, as can velvet and bouclé," says Lydia. "It's important to focus on the tactility of a material and how it can be paired with other elements in a space," she explains.

EMBRACE BEAUTIFUL BLINDS

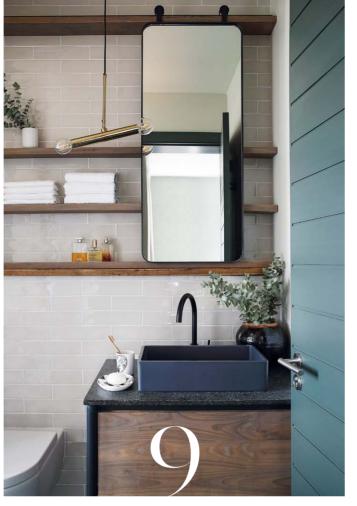
"Installing the right blinds in your home can make it feel supremely warm and cosy," says Matthew Walsh, managing director of Tuiss Blinds Online. The smartest choice for energy saving is blockout honeycomb blinds that feature pleated pockets lined with aluminium, says Matthew. Heat gets trapped in the honeycomb cells, creating an insulated effect, and preventing your window panes from radiating cold into the room. Another way to add an extra layer of cosiness and prevent any draughts from sneaking into your home is to hang curtains in front of your blinds.

The waft of something warm simmering away in the kitchen might just be the ultimate in cosiness as you walk in on a wintry evening. A slow cooker does all the hard work while you're out and about and the newest multi-cookers can switch between slow-cooking and pressure-cooking. >



DESIGN FILE





GET DOWN ON IT

If your toes are starting to feel a bit chilly at night, it might be time to change over to a winter quilt. Investing in a goose-down inner will keep you toasty without overheating. Goose down is also light and soft for a snug night's sleep. Make sure you take your summer quilt to a dry cleaner before storing it away for the winter months.

BATHE IN BLISS

Usher in the season with fluffy towels and a new bath mat, or invest in a warm-towel experience. "Installing a heated towel rail might be the perfect retrofit if you're looking for a touch of warmth during the cooler months," says Daniela Santilli, bathroom and kitchen merchandising leader at Reece. (For more bathroom heating tips, see page 134).

FEEL-GOOD FINDS

Create a space filled with tactile pieces: curtains, chunky wool blankets, soft rugs, cushions and a collection of cosy throws that will keep you snug.



'Lellouche' throw in Natural, \$49.95, freedom.com.au.





'Lazo' cushion cover in Natural, \$170, coastalliving.com.au.

photography (This page, top left) **martina gemmola** (This i **sureaux** (Opposite) **shania shegedyn** interior design (This





SOFTLY DOES IT

Opt for furniture in rounded silhouettes, finished in soft fabrics - they'll help you create a gentler environment that's made for relaxation. "Curved shapes are inviting and they instantly relax people," says Lydia Maskiell.



LET'S TALK TEXTURE

"Within a bedroom, textiles can be used to help cosy a room - for example, a wool or chunky-knit throw placed over bedlinen," says Lauren Kay of Heartly, adding that flooring also plays a key role.

"Carpet in the bedroom makes the space feel inviting; however, if you have floorboards, a nice large rug that extends under the bed and feels warm underfoot will help you achieve a cosy feel."



16 LOOK TO THE DANES

The Danish concept of hygge is, at its core, all about cosiness and wellbeing. "A cosy room is the feeling of being comfortably enveloped within the space," says Simone Rose of Xavier Furniture, who suggests looking out for a sofa chair that "hugs you in all the right places."

17 TAKE A SEAT

If you have the luxury of extra space in the bedroom, Sarah Yarrow of Yarrow Build suggests adding an armchair. "Depending on the style of home, I love something deep, curved and upholstered - with soft, deep cushioning," she says. "This will become the perfect spot for pulling on your shoes or to have a quiet moment with a book and a cup of tea."



20 FILL THE WALLS

Personalising your space with meaningful pieces of art creates a feeling of the familiar and instantly puts you at ease. "Artwork on the walls is a great way to make a room with white walls feel cosier," explains Lauren Kay. "Art is subjective and I always suggest choosing pieces you love. Consider the other colours and tones within the room to avoid a clash."

21 PLUMP FOR PANELLING

"I'm a big fan of using wall panelling to add texture to a space," says Lydia Maskiell. "Simple yet interesting architectural details such as wainscoting infuse warmth and character. I also love injecting personality with the use of playful wallpaper and bold colours." >

